

<b>DAY</b>	<b>MORNINGS</b>	<b>AFTERNOONS</b>	<b>EVENINGS</b>
<b>MONDAYS</b>	9.30-12 Noon Community Textile Project	12.15-2pm Luncheon Club 1.30-3pm Iyengar Yoga 2.30-3.30pm Gentle Exercise (Seniors) 3.45-4.45pm Techkids (4-7 yrs) 4-5pm Spanish (kids) 4-6.30pm Kumon Maths 4.45-5.45pm techkids (8-11yrs) 5-6pm Children Trapeze (5-12 yrs)	7-8pm Pilates
<b>TUESDAYS</b>	11.15-12.15pm Chair Based Exercise (Senior)	12.15-2pm Luncheon Club 1.30-3pm Bingo (seniors) 1.30-3pm Over 50s Computer 3.45-6pm Children Pottery 4.15-7pm Gymnastics Club	6.30-9pm Watercolour Class 7-8pm Tango 7.30-8.30pm Children Trapeze (8-16yrs) 7.45-9.45 Harmony Singing 8.15-9.15pm Pilates 8.30-9.30pm Trapeze
<b>WEDNESDAYS</b>	9.30-11am Iyengar Yoga 10-12noon Spanish	12.15-2pm Luncheon Club 1-4pm Blue Bus Outing 4-6.30pm Kumon 4-5pm Art Box 4-6pm French For Children 3.40 – 4.10pm Guitar (beg) 4.20-4.50pm Guitar ( Int) 5-5.30pm Beginners	6.30-9.30pm Pottery Class 7.30-10pm Astronomy and Telescope (fortnightly)

		<b>5.15-6.30pm Woodcraft Folk</b>	
<b>THURSDAYS</b>	<b>10-12noon Women's Self Defence</b>	<b>12.15-2pm Luncheon Club 5-6.30pm Modern Greek 4-5pm Football (5-7yrs) 5-6pm Football (8-11yrs)</b>	<b>6.30-8pm Iyegna Yoga 6.30-9.30pm Life Drawing 6-7pm Girls Football (8-14yrs) 7-9pm Darkroom Basics 7-9pm Women Football 8-10pm Alexander Technique 8-8.45pm Children Trapeze (12-18 yrs) 8.30-9.30pm Trapeze</b>
<b>FRIDAYS</b>	<b>10am-4pm Pottery 11.45-12.45pm Fresh Fitness</b>	<b>12.15-2pm Luncheon Club 3.45-4.45 5-A-Side Football (5-7yrs) 3.34-4.30 Children Yoga 4.45-5.45 5-Side-Football (8-10yrs) 5.45-6.45 5-A-Side-Football (11-12yrs)</b>	